



**NATIONAL SERVICE SCHEME
COLLEGE OF HORTICULTURE
ANAND AGRICULTURAL UNIVERSITY**



“Nashamukt Bharat”

The NSS Cell of College of Horticulture, Anand Agricultural University, organized a lecture on 'Nashamukt Bharat' on January 4, 2025, to spread awareness and to promote a healthy, addiction-free lifestyle. Under the guidance of Principal and Dean, Dr. N. I. Shah, the event aimed to educate students about the dangers of addiction and the importance of leading a disciplined life. Dr. D. D. Parekh, who has been actively involved in awareness programs, also played a crucial role in the event by supporting the initiative and encouraging students to participate in such awareness campaigns. A total of 60 students actively participated in the program. Dr. Prity Kumari, NSS Program Officer, in her introductory address, emphasized the significance of awareness regarding substance abuse, particularly among youth. She highlighted the psychological and physical consequences of addiction and encouraged students to take proactive steps toward a healthier future. The event featured an insightful lecture by an expert speaker Shri Himanshu Vaidya who elaborated on various aspects of addiction, including its causes, effects and preventive measures. The session also included a motivational segment on self-discipline and resilience, inspiring students to make informed choices and contribute to a drug-free society.

GLIMPSES OF POGRAMME



